

water that heals



thermal
season
2024

well-being
for body
and mind

price list

Therapeutic Thermalism

Medical Fees

	low season	high season
Medical Hydrology Fees - 1st season	40.00€	40.00€
Medical Hydrology Fees - 2nd season	Free	Free
Registration - 1st season	30.00€	30.00€
Registration - 2nd season	Free	Free
Nutrition Apointment	20.00€	20.00€
Next Nutrition Consultation/Thermalist Nutrition Consultation	15.00€	15.00€
Water Ingestion	Free	Free

Podiatry

	low season	high season
Podiatry Consultation	40.00€	40.00€
Ortho-podiatry Treatment (VAT included)	75.00€	75.00€

Immersion Techniques

	duration (minutes)	low season	high season
Bath Immersion	15	3.50€	5.00€
Bath Immersion + underwater	15	7.00€	10.00€
Bath Immersion with Hydromassage	15	6.00€	7.50€
Bath Immersion with Hydromassage + underwater	15	9.50€	12.50€
Thermal Pool Immersion	30	3.50€	5.00€
Thermal Pool Immersion with Hydromassage	30	6.50€	8.00€
Thermal Pool Immersion with individual kinesiotherapy	20	10.00€	13.00€
Thermal Pool Immersion with individual kinesiotherapy + Hydromassage	20+10	13.00€	16.00€
Thermal Pool Immersion with physiotherapy techniques	20	16.00€	19.00€
Thermal Pool Immersion with physiotherapy techniques + Hydromassage	20+10	19.00€	22.00€
Aquagym	15	5.50€	7.50€

Steam and Sauna Techniques

	duration (minutes)	low season	high season
Bertholet (Spine Steam)	15	5.50€	7.00€
Bertholaix (Shoulders, Cervical, Hips)	15	7.00€	8.50€
Turkish bath	15	4.00€	5.50€
Sauna	15	4.00€	5.50€
Maniluvium/ Pediluvium	15	3.50€	4.50€
Steam Chamber	15	8.00€	9.50€

Shower Techniques

	duration (minutes)	época baixa	época alta
Massage Shower	15	12.00€	15.00€
Scottish Shower	5	3.50€	5.00€
Circular Shower	5	3.50€	5.00€
Hydro-Pressotherapy	15	8.00€	9.50€

Inhalotherapy	low season	high season
Nebulization	3.00€	4.00€
Pulverization	3.00€	4.00€
Nasal Irrigations	3.00€	4.00€
Sonic Aerosols	3.00€	4.00€
Complete inhalation	10.00€	13.00€

Heavy Legs Program	low season	high season
Lymphatic Draining Massag (20min.) + Pressotherapy (15min.)	13.00€	16.50€
Drenagem linfática (20min.) + Pressotherapy (15min.) + Hydro-Pressotherapy (15min.)	21.00€	26.00€

Nursing	low season	high season
Cholesterol or Triglycerides Control	3.00€	3.00€
Glucose Control	1.50€	1.50€
Injections	2.00€	2.00€
Change and preparation of Patches	5.00€	5.00€

Physiotherapy/ Electrotherapy

Physiotherapy • Electrotherapy	duration (minutes)	low season	high season
Ultra-Sounds	5	3.50€	4.00€
TENS/EENM	15	3.00€	3.50€
Ionization	15	3.50€	4.00€
Cryotherapy	5 a 10	3.50€	3.50€
Moist Heat	15	3.50€	3.50€
Paraffin	15	3.50€	4.00€
Partial Massage	15	7.00€	8.50€
General Massage	30	10.00€	13.00€
General Massage <i>plus</i>	45	14.00€	17.00€
Partial Massage with physiotherapist	20	12.00€	15.00€
General Massage with physiotherapist	30	15.00€	18.00€
General Massage <i>plus</i> with physiotherapist	45	24.00€	30.00€
Lymphatic Draining Massage	30	15.00€	18.00€
Pressotherapy	15	5.00€	6.50€
Respiratory Therapy in Cabin	15	7.00€	8.50€
Muscular Strengthening	10	5.00€	7.50€
Articular Mobilization	10	5.00€	7.50€
Individual Motor Reeducation/Balance and Gait Training	15	8.00€	10.00€

High Season	July 15th to October 15th
Low Season	remaining period
Exempt from VAT under the CIVA n° 2 of article 9	

Short Term Thermal Programs

Respiratory Program

Includes: Registration, 1 medical consultation and monitoring by a Health Professional throughout the treatment

Water Ingestion + 6 Complete Inhalations + 3 Immersion sessions in a Bathtub with Hydromassage
+ 3 Respiratory Kinesiotherapy sessions in Cabin + 3 Turkish Bath sessions

6 Days (1st. Period)	Low season 175.00€	6 Dias (Other periods in the same calendar year)	Low season 105.00€
	High season 210.00€		High season 140.00€

Antifatigue Program

Includes: Registration, 1 medical consultation and monitoring by a Health Professional throughout the treatment

Water Ingestion + 3 Lymphatic Drainage sessions + 3 Shower sessions with Massage + 3 Bertholet
Sessions + 3 Pool Immersion sessions + 3 Pool Immersion Sessions with Hydromassage
+ 6 Jet Shower sessions

6 Days (1st. Period)	Low season 215.00€	6 Dias (Other periods in the same calendar year)	Low season 145.00€
	High season 255.00€		High season 185.00€

Reaffirm Programa

Includes: Registration, 1 medical consultation, 1 nutrition consultation and follow-up by a Health and Nutrition
Professional throughout the treatment

Water Ingestion + 2 Lymphatic Drainage sessions + 2 Pressotherapy sessions + 4 Physiotherapy Partial
Massage sessions + 6 Hydro-Pressotherapy sessions + 6 Jet Shower sessions

6 Days (1st. Period)	Low season 238.00€	6 Dias (Other periods in the same calendar year)	Low season 168.00€
	High season 278.00€		High season 208.00€

Shape Program

Includes: Registration, 1 medical consultation, 2 nutrition consultations (initial and final) and follow-up by a Health and
Nutrition Professional throughout the treatment

Water Ingestion + 3 Jet Shower sessions + 3 Hydro-Pressotherapy sessions + 3 Lymphatic Drainage sessions
+ 6 Sauna sessions

6 Days (1st. Period)	Low season 200.00€	6 Dias (Other periods in the same calendar year)	Low season 130.00€
	High season 225.00€		High season 155.00€

Short Term Thermal Programs

Reconditioning Program

Includes: Registration, 1 medical consultation and monitoring by a Health Professional throughout the treatment

Water Ingestion + 3 sessions of Immersion in a Swimming Pool with Hydromassage + 3 sessions of Jet Shower + 3 sessions of General Physiotherapy Massage + 3 sessions of Immersion Bath Immersion with Hydromassage and Underwater + 3 Shower sessions with Massage

6 Days
(1st Period)

Low season

198.00€

High season

235.00€

6 Dias

(Other periods in the same calendar year)

Low season

128.00€

High season

165.00€

Pregnant Program (after 12 weeks)

Includes: Registration, 1 medical consultation, 1 nutrition consultation and follow-up by a Health and Nutrition Professional throughout the treatment

6 sessions of Immersion in the Pool + 2 sessions of Lymphatic Drainage + 4 sessions of Partial Massage

6 Days
(1st Period)

Low season

160.00€

High season

180.00€

6 Dias

(Other periods in the same calendar year)

Low season

90.00€

High season

110.00€

Postpartum Program (after 6 weeks)

Includes: Registration, 1 medical consultation, 1 nutrition consultation and follow-up by a Health and Nutrition Professional throughout the treatment

6 sessions of Immersion in a Pool with Hydromassage + 3 sessions of Lymphatic Drainage + 3 sessions of General Massage *plus*

6 Days
(1st Period)

Low season

210.00€

High season

235.00€

6 Dias

(Other periods in the same calendar year)

Low season

140.00€

High season

165.00€

* The intended therapy is intended to be planned over the 6 days of the program.

** The defined therapy, as well as the values presented, may undergo slight adjustments depending on the medical determination after the consultation.

High season July 15th to October 15th

Low Season remaining period

Exempt from VAT under the CIVA n° 2 of article 9

THERAPEUTIC INDICATIONS

MUSCULOSKELETAL PATHOLOGIES

DEGENERATIVE

Spine

Hip

Knees

INFLAMMATORY

Rheumatoid Arthritis

Gouty Arthritis

Psoriatic Arthritis

Ankylosing Spondylitis

Fibromyalgia

ARTICULAR

Tendinitis

Epicondylitis

POST-TRAUMATIC RECOVERY

Fractures

Dislocations

Sprains

DIGESTIVE TRACT PATHOLOGIES

Gastritis

Duodenitis

Hepatobiliary dyskinesia

Irritable bowel syndrome

Obstipation

RESPIRATORY TRACT PATHOLOGIES

Rhinitis

Sinusitis

Pharyngitis

Laryngitis

Bronchitis

Asthma

PHYSICAL AND CHEMICAL WATER CHARACTERIZATION

Sodium-Bicarbonate, fluoridated and carbonated water

Temperature (AC2)	76°C
pH a 20°C	6,80
Electrical conductivity at 20°C	2320 μ S cm^{-1}
Alkalinity (in mL/L de HCl 0,1M)	288,9
Dry Residue (at 180°C)	1744 mg/L
Total Water Hardness (in p.p 10 ⁵ de CaCO ₃)	7,4
Silica (in mg/L de SiO ₂)	80,7
Fluoride (F ⁻)	8,3 mg/L
Total Mineralization	2625 mg/L
Carbone dioxide (CO ₂) annual average	600 mg/L
Hydrogen Carbonate (HCO ₃ ⁻)	1762 mg/L
Sodium (Na ⁺)	623 mg/L



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