



CHAVES
TERMAS&SPA



WELLNESS TREATMENTS
THERMAL SEASON 2024

THERMAL WELLNESS PROGRAMS

DURATION LOW SEASON HIGH SEASON

AQUAE VITALITY

THERMAL POOL IMMERSION + JET SHOWER + PARTIAL MASSAGE 1 DAY 36.00€ 43.00€

AQUAE ENERGY

SAUNA OR TURKISH BATH + HYDROPRESSOTHERAPY + MASSAGE SHOWER 1 DAY 55.50€ 67.00€

AQUAE SPORTIVE

THERMAL POOL IMMERSION + JET SHOWER + PARTIAL SPORTS MASSAGE 1 DAY 58.00€ 70.00€

AQUAE RELAX

STEAM CHAMBER + BATH IMMERSION WITH HYDROMASSAGE + GENERAL MASSAGE 1 DAY 60.50€ 73.00€

AQUAE DUO - 2 PERSON PROGRAM

SAUNA OR TURKISH BATH + BATH IMMERSION WITH HYDROMASSAGE + GENERAL MASSAGE 1 DAY 95.00€ 114.00€

AQUAE PURIFY

DAY 1- STEAM CHAMBER + BODY MOISTURIZING
DAY 2- THERMAL POOL IMMERSION + MASSAGE SHOWER 2 DAYS 78.00€ 94.00€

AQUAE BALANCE

DAY 1- STEAM CHAMBER + GENERAL MASSAGE
DAY 2- SAUNA OR TURKISH BATH + BATH IMMERSION WITH HYDROMASSAGE + MASSAGE SHOWER 2 DAYS 98.00€ 118.00€

AQUAE DETOX

DAY 1- STEAM CHAMBER + GENERAL MASSAGE
DAY 2- SAUNA OR TURKISH BATH + BATH IMMERSION WITH HYDROMASSAGE + MASSAGE SHOWER
DAY 3- THERMAL POOL IMMERSION + BODY MOISTURIZING 3 DAYS 125.00€ 150.00€

THERMAL WELLNESS PROGRAMS

DURATION LOW SEASON HIGH SEASON

AQUAE REAFFIRM

DAY 1- HYDROPRESSOTHERAPY + JET SHOWER + REAFFIRMING MASSAGE

DAY 2- STEAM CHAMBER + JET SHOWER + BODY MOISTURIZING

DAY 3- BATH IMMERSION WITH HYDROMASSAGE + JET SHOWER + LYMPHATIC DRAINAGE MASSAGE

3 DAYS 172.00€ 206.00€

WELLNESS SPA TREATMENTS

DURATION (MINUTES) LOW SEASON HIGH SEASON

THERMAL POOL IMMERSION	30	10.00€	12.00€
KIDS THERMAL POOL IMMERSION (FROM 8 TO 14 YEARS OLD)	30	7.50€	9.00€
KIDS THERMAL POOL IMMERSION (FROM 4 TO 10 YEARS OLD)	30	5.00€	6.00€
BATH IMMERSION WITH HYDROMASSAGE	15	15.00€	18.00€
MASSAGE SHOWER	15	25.00€	30.00€
JET SHOWER	5	10.00€	12.00€
SAUNA OR TURKISH BATH	15	15.00€	18.00€
STEAM CHAMBER	15	17.50€	21.00€
HYDROPRESSOTHERAPY	15	17.50€	21.00€
FACIAL OR PARTIAL MASSAGE	15	18.00€	22.00€
GENERAL MASSAGE	30	30.00€	36.00€
GENERAL MASSAGE PLUS	45	45.00€	54.00€
KIDS THERMAL MASSAGE (DOS 8 AOS 14 ANOS)	20	15.00€	18.00€
GEOTHERMAL MASSAGE	45	50.00€	60.00€
SPORTS MASSAGE	30	40.00€	48.00€
LYMPHATIC DRAINAGE MASSAGE	30	35.00€	42.00€
REAFFIRMING MASSAGE	30	35.00€	42.00€
BODY MOISTURIZING	30	30.00€	36.00€

VAT INCLUDED

HIGH SEASON: JUNE 15TH TO SEPTEMBER 15TH - LOW SEASON: REMAINING PERIOD

LARGO DAS CALDAS
5400-534 CHAVES

+351 276 332 445
CALL TO THE NATIONAL FIXED NETWORK

GERAL.TERMAS@CHAVES.PT

TERMASDECHAVES.COM

WATER
THAT
HEALS
WELL-BEING
FOR BODY
AND MIND

PROGRAMS AND TREATMENTS CAN BE PURCHASED AT OUR FACILITIES OR ONLINE AT
WWW.LOJA.TERMASDECHAVES.COM.

THE VOUCHER IS VALID FOR 6 MONTHS AND THE TREATMENTS PURCHASED IN LOW SEASON
MUST BE USED IN LOW SEASON. THE VALIDITY PERIOD OF VOUCHERS PURCHASED IN THE LOW
SEASON IS SUSPENDED IN THE HIGH SEASON.

TERMAS DE CHAVES PROVIDES TOWEL AND BATHROBE, SO PLEASE BRING YOUR BATHING SUIT,
CAP AND SLIPPERS.