



CHAVES  
TERMAS&SPA



WELLNESS TREATMENTS  
THERMAL SEASON 2022

## THERMAL WELLNESS PROGRAMS

DURATION PRICE (€)

---

### AQUAE ENERGY

1 DAY 57.50

SAUNA OR TURKISH BATH + STEAM CHAMBER  
OR HYDROPRESSOTHERAPY + MASSAGE SHOWER

---

### AQUAE RELAX

1 DAY 62.50

STEAM CHAMBER OR HYDROPRESSOTHERAPY  
+ BATH IMMERSION WITH HYDROMASSAGE  
+ GENERAL MASSAGE

---

### AQUAE DUO - 2 PERSON PROGRAM

1 DAY 90.00

SAUNA OR TURKISH BATH + BATH IMMERSION  
WITH HYDROMASSAGE + GENERAL MASSAGE

---

### AQUAE PURIFY

2 DAYS 79.00

DAY 1  
STEAM CHAMBER OR HYDROPRESSOTHERAPY  
+ BODY MOISTURIZING

DAY 2  
BATH IMMERSION WITH HYDROMASSAGE  
+ MASSAGE SHOWER

---

### AQUAE BALANCE

2 DAYS 89.00

DAY 1  
STEAM CHAMBER + GENERAL MASSAGE

DAY 2  
SAUNA OR TURKISH BATH + BATH IMMERSION  
WITH HYDROMASSAGE + MASSAGE SHOWER

---

### AQUAE DETOX

3 DAYS 109.00

DAY 1  
STEAM CHAMBER OR HYDROPRESSOTHERAPY  
+ GENERAL MASSAGE

DAY 2  
SAUNA OR TURKISH BATH + BATH IMMERSION  
WITH HYDROMASSAGE + MASSAGE SHOWER

DAY 3  
THERMAL POOL OR BATH IMMERSION WITH HYDROMASSAGE  
+ BODY MOISTURIZING

## THERMAL WELLNESS PROGRAMS

DURATION PRICE (€)

### AQUAE REAFFIRMING

5 DAYS 225.50

#### DAY 1

HYDROPRESSOTHERAPY + MASSAGE SHOWER  
+ GENERAL REAFFIRMING MASSAGE

#### DAY 2

STEAM CHAMBER + MASSAGE SHOWER  
+ REAFFIRMING BODY MOISTURIZING

#### DAY 3

BATH IMMERSION WITH HYDROMASSAGE  
+ MASSAGE SHOWER + LYMPHATIC DRAINAGE MASSAGE

#### DAY 4

HYDROPRESSOTHERAPY + MASSAGE SHOWER  
+ GENERAL REAFFIRMING MASSAGE

#### DAY 5

STEAM CHAMBER + MASSAGE SHOWER  
+ REAFFIRMING BODY MOISTURIZING

## WELLNESS SPA TREATMENTS

DURATION  
(MINUTES)

PRICE  
(€)

GENERAL MASSAGE	30	30.00
GENERAL MASSAGE PLUS	45	45.00
MASSAGE SHOWER	15	25.00
FACIAL OR PARTIAL MASSAGE	15	18.00
THERMAL POOL IMMERSION	30	10.00
BATH IMMERSION WITH HYDROMASSAGE	15	15.00
SAUNA OR TURKISH BATH	15	15.00
BODY MOISTURIZING	30	30.00
SCOTTISH SHOWER	5	10.00
STEAM CHAMBER	15	17.50
HYDROPRESSOTHERAPY	15	17.50
GYMNASIUM	60	10.00
KIDS THERMAL MASSAGE (OVER 8 YEARS OLD)	20	15.00
GEO THERMAL MASSAGE	45	40.00
SPORTS MASSAGE	30	35.00
ANTI-CELLULITE MASSAGE	45	35.00
LYMPHATIC DRAINAGE MASSAGE	30	35.00

VAT INCLUDED

TERMAL AQUAE DERMOCOSMETIC

---

MOISTURIZING SOAP	1,95	BODY MOISTURIZING CREAM 200ML	9,95
EXFOLIATING SOAP	2,45	HAND CREAM 100ML	6,95
FACE MOISTURIZING CREAM 50ML	12,95	FOOT MOISTURIZING CREAM 75ML	4,95
FIRMING BODY CREAM	14,95		

WATER  
THAT  
HEALS  
WELL-BEING  
FOR BODY  
AND MIND

LARGO DAS CALDAS  
5400-534 CHAVES

+351 276 332 445  
GERAL.TERMAS@CHAVES.PT

TERMASDECHAVES.COM